

# body treatments

#### **Body Polish**

25 minutes - \$85

Pamper your body with the blissful sensation of a gentle, soothing, and hydrating exfoliation that will erase lifeless skin, leaving it nourished and glowing.

#### **Espresso Scrub**

25 minutes - \$90

A coffee lovers dream! Now you can experience the invigorating essence of coffee grounds to exfoliate away the dead skin cells followed by a soothing coffee blossom lotion that leaves the skin supple and remoisturized.

#### Espresso Scrub & Massage

80 minutes - \$195

110 minutes - \$285

This invigorating scrub of coffee grounds exfoliate the dead skin cells, preparing your skin to drink in the blend of coconut and jojoba oil, sea salts, shea butter and herbal extracts. A pampering massage ends this delightful coffee treat.

# **Replenishing Renewal**

80 minutes - \$195

A full-body scrub exfoliates dry, dead skin cells allowing the skin to absorb essential minerals and vitamins during the wrap, which leave the skin refreshed and rejuvenated. A lotion application with a nutrient rich moisturizer completes the experience.

#### Island Glow

50 minutes - \$165

For centuries Pacific Islanders have used a blend of cold-pressed virgin coconut oil and exotic nut extracts to moisturize, nourish and protect the skin. A gentle body scrub is performed to absorb the nutrients directly where their effects are needed, promoting healing, hydrating and rejuvenating the skin's cells for healthier and younger looking skin. A deeply nurturing experience.

#### **Nourishing Scrub & Massage**

80 minutes - \$195

110 minutes - \$285

This treatment combines our two most popular spa experiences. First, the skin is exfoliated with a soothing scrub to remove the dull skin cells and follows with a therapeutic massage, leaving the body pampered, soft and supple.

# Rejuvenating Acid Body-Peel

50 minutes - \$165

Revitalize the youthful appearance of your body's skin with this scrub and cocoon treatment that combines double exfoliation and an application of a creamy lactic acid body peel. After a brief wrap and soothing shower, the body is anointed with a neutralizing balm and a nourishing, skin firming body moisturizer. (Exposure to sun is NOT recommended within 24 hours of receiving this service.)



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### Red Rock Rap

50 minutes - \$160

A detoxifying wrap like no other! The skin is stimulated with a dry brushing ready for a warm, red clay envelopment. Your body will experience a detoxifying, re-mineralizing and smoothing process as it is wrapped. This treatment will leave your body re-energized and ready to be shown off to the world.

# Hydra Quench Cocoon

80 minutes - \$210

Following a complete body exfoliation of the skin, this treatment leaves your body detoxified, remineralized and fully oxygenated with the soothing heat of a special treatment blanket. Awake from relaxation to a refreshing shower and an application of an anti-aging body cream, which leave the skin feeling refreshed and rejuvenated.

### Seaweed Wrap

80 minutes - \$210

Begin with a detoxifying body exfoliation with self-heating seaweeds, a rich aromatic seaweed self heating mud is applied to the body. The mud is then wrapped to retain the heat and aid the skin in absorbing the active elements. After a refreshing shower, a specialized combination of cooling moisturizers is applied to your newly purified, restored body.

#### **Green Tea Wrap**

80 minutes - \$210

A body scrub is applied using grape seeds from the vineyards of California's Napa Valley. The body is then wrapped with green tea, seaweed and ginger root, which help promote metabolism. Finally an aromatherapy lotion is applied, leaving your skin feeling revitalized.